

Name: Colton Merrill, ATC, CPT		Grading Quarter: 2	Week 18 Beginning: December 2, 2024
School Year: 2024-2025		Subject: Sports Medicine and Rehabilitation Year 2	
Monday	Notes:	<p>Objective:</p> <p>Recognize & identify the common types of medications used in society and the justifications for their use</p> <p>Identify the differences between therapeutic and recreational drugs</p> <p>Describe the 5 Rights involved in the use of medications</p> <p>Lesson Overview:</p> <p>L 6 drug basics.pptx</p>	<p>Academic Standards:</p> <p>8.3</p> <p>3.6</p>
Tuesday	Notes:	<p>Objective:</p> <p>Learn more about contemporary ergogenic aids and their efficacy</p> <p>Understand the process and purpose of the drug testing procedures at various levels of sport</p> <p>Lesson Overview:</p> <p>L 7 Ergogenic aid cont.ppt</p> <p>L 8 Drug Testing in Sports.</p>	<p>Academic Standards:</p> <p>3.6</p>
Wednesday	Notes:	<p>Objective:</p> <p>Understand the factors that can contribute to drug abuse</p> <p>Identify drugs/medications that are commonly abused in athletics</p> <p>Assess the consequences associated with drug abuse and how to initiate treatment</p> <p>Lesson Overview:</p> <p>L 9 Drug Abuse</p>	<p>Academic Standards:</p> <p>3.6</p>
Thursday	Notes:	<p>Objective:</p> <p>Identify drugs/medications that are commonly used in athletic performance</p> <p>Lesson Overview:</p> <p>L 10 Natural Supplementation.</p>	<p>Academic Standards:</p> <p>3.6</p>

Friday	Notes:	<p>Objective:</p> <p>Explain the effects that steroids, androstenedione and human growth hormone have on the body in physician-prescribed use and illicit use.</p> <p>Understand the legal requirements for release of medical records</p> <p>Lesson Overview:</p> <p>L 11 Steroids and HGH.</p>	<p>Academic Standards:</p> <p>3.6</p>
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